

## Season Leader Boards GIRLS BASKETBALL

Stats as of 3/25/2011

### Points Per Game (16 GP Cutoff)

Rank	Grad Year	#	Player	Team	PPG
1	2012	32	<a href="#">Bay lee Purdy</a>	<a href="#">Deer Trail</a>	30.2
2	2011	31	<a href="#">Kaitlyn Mileto</a>	<a href="#">Mesa Ridge</a>	26.3
3	2011	4	<a href="#">Carlie Needles</a>	<a href="#">ThunderRidge</a>	26.2
4	2011	23	<a href="#">Alison Gorrell</a>	<a href="#">Conifer</a>	25
5	2011	13	<a href="#">Jamie Katuna</a>	<a href="#">Longmont</a>	23.7
6	2011	43	<a href="#">Mary Brinton</a>	<a href="#">Pagosa Springs</a>	21.3
7	2011	24	<a href="#">Alex Ochoa</a>	<a href="#">Fountain Valley</a>	21
8	2011	11	<a href="#">Katelyn McDaniel</a>	<a href="#">Highlands Ranch</a>	19.9
9	2011	33	<a href="#">Bailey McFerren</a>	<a href="#">Kim</a>	19.7
10	2012	21	<a href="#">Gabby Ramirez</a>	<a href="#">Roosevelt</a>	18.6

[\\*Click here for an even more in depth look at these and other Basketball Leader Boards in every stat category\\*](#)

### 3 Pointers Per Game (16 GP Cutoff)

Rank	Grad Year	#	Player	Team	3PPG
1	2011	31	<a href="#">Kaitlyn Mileto</a>	<a href="#">Mesa Ridge</a>	3.19
2	2012	21	<a href="#">Gabby Ramirez</a>	<a href="#">Roosevelt</a>	3.08
3	2012	21	<a href="#">Michaela Neuhaus</a>	<a href="#">Highlands Ranch</a>	3.00
4	2011	32	<a href="#">Tara Spitellie</a>	<a href="#">Steamboat Springs</a>	2.82
5	2011	4	<a href="#">Carlie Needles</a>	<a href="#">ThunderRidge</a>	2.81
6	2012	32	<a href="#">Bay lee Purdy</a>	<a href="#">Deer Trail</a>	2.59
7	2012	22	<a href="#">Laura Gerk</a>	<a href="#">Holyoke</a>	2.50
8	2011	2	<a href="#">Shawnee Young</a>	<a href="#">Grand Valley</a>	2.50
9	2011	2	<a href="#">Hannah Moore</a>	<a href="#">Steamboat Springs</a>	2.50
10	2011	15	<a href="#">Kenzi Kuhn</a>	<a href="#">Glenwood Springs</a>	2.39

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### Rebounds Per Game (16 GP Cutoff)

Rank	Grad Year	#	Player	Team	RBPG
1	2011	0	<a href="#">Keasha Tennell</a>	<a href="#">Gateway</a>	16.00
2	2013	25	<a href="#">Tyler Chrisman</a>	<a href="#">Sterling</a>	15.58
3	2014	34	<a href="#">Haleigh Washington</a>	<a href="#">Clear Creek</a>	14.82
4	2012	23	<a href="#">hunter brenna</a>	<a href="#">Moffat/Mountain Valley</a>	13.63
5	2014	24	<a href="#">Kendra Baucom</a>	<a href="#">Colorado Springs School</a>	13.59
6	2013	21	<a href="#">Shalamar Adkinson</a>	<a href="#">Sheridan</a>	13.29
7	2011	40	<a href="#">Loretta Russell</a>	<a href="#">Skyview</a>	13.27
8	2011	43	<a href="#">Mary Brinton</a>	<a href="#">Pagosa Springs</a>	12.19
9	2013	33	<a href="#">Shanah Leaf</a>	<a href="#">The Classical Academy</a>	12.09
10	2012	31	<a href="#">Janae Vander Ploeg</a>	<a href="#">Cheyenne Mountain</a>	12.08

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### Assists Per Game (16 GP Cutoff)

Rank	Grad Year	#	Player	Team	APG
1	2011	14	<a href="#">Raven Cooper-Church</a>	<a href="#">Widefield</a>	6.07
2	2013	11	<a href="#">Alexis Albert</a>	<a href="#">Centennial</a>	5.89
3	2012	34	<a href="#">Adriana Mora</a>	<a href="#">Monte Vista</a>	5.84
4	2011	10	<a href="#">Dallas Rohrbaugh</a>	<a href="#">Erie</a>	5.63
5	2011	33	<a href="#">Bailey McFerren</a>	<a href="#">Kim</a>	5.52
6	2011	32	<a href="#">Kyra Stark</a>	<a href="#">Estes Park</a>	5.48
7	2011	14	<a href="#">Cortney Cordova</a>	<a href="#">Rifle</a>	5.18
8	2011	21	<a href="#">Kelsey Greenough</a>	<a href="#">Peak to Peak</a>	5.17
9	2011	0	<a href="#">Chelsea Elstad</a>	<a href="#">Colorado Deaf + Blind</a>	5.10
10	2011	30	<a href="#">Darean Hunt</a>	<a href="#">Woodlin</a>	5.00

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### Steals Per Game (16 GP Cutoff)

Rank	Grad Year	#	Player	Team	SPG
1	2011	23	<a href="#">Alison Gorrell</a>	<a href="#">Conifer</a>	8.04
2	2013	11	<a href="#">Alexis Albert</a>	<a href="#">Centennial</a>	6.89
3	2012	34	<a href="#">Adriana Mora</a>	<a href="#">Monte Vista</a>	6.00
4	2012	14	<a href="#">Briana Tefft</a>	<a href="#">Harrison</a>	5.88
5	2013	5	<a href="#">Jennifer Vigil</a>	<a href="#">Front Range Christian</a>	5.78
6	2011	12	<a href="#">Makayla Wilkins</a>	<a href="#">Rifle</a>	5.71
7	2013	42	<a href="#">Jessica McRoye</a>	<a href="#">Monte Vista</a>	5.68
8	2011	24	<a href="#">Breona Kerrick</a>	<a href="#">Gateway</a>	5.25
9	2012	32	<a href="#">Bay lee Purdy</a>	<a href="#">Deer Trail</a>	5.18
10	2011	11	<a href="#">Ashley Pacheco</a>	<a href="#">Monte Vista</a>	5.16

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### Blocks Per Game (16 GP Cutoff)

Rank	Grad Year	#	Player	Team	BPG
1	2011	32	<a href="#">Patterson, Samantha</a>	<a href="#">Peyton</a>	8.78
2	2012	33	<a href="#">Kai Brown</a>	<a href="#">Lewis-Palmer</a>	5.19
3	2011	4	<a href="#">Boneth Ahaneku</a>	<a href="#">Bellevue Christian</a>	4.65
4	2011	43	<a href="#">Mary Brinton</a>	<a href="#">Pagosa Springs</a>	4.58
5	2011	22	<a href="#">Amber Ortiz</a>	<a href="#">Sheridan</a>	4.25
6	2012	40	<a href="#">Morgan Nelson</a>	<a href="#">Elizabeth</a>	3.65
7	2012	44	<a href="#">Ande Lampert</a>	<a href="#">Boulder</a>	3.42
8	2014	34	<a href="#">Haleigh Washington</a>	<a href="#">Clear Creek</a>	3.36
9	2011	23	<a href="#">Tereisela Ramirez</a>	<a href="#">Skyview</a>	3.30
10	2011	0	<a href="#">Allison O Hara</a>	<a href="#">Colorado Deaf + Blind</a>	3.15

# Beyond the Stats

## GIRLS BASKETBALL

### TAYLOR HELBIG, HOLY FAMILY

Taylor Helbig finished her career at Holy Family the same way it started -- with a championship. Holy Family won its fourth straight 3A title Saturday with the 5-10 senior guard starting in the backcourt alongside classmate Sarah Talamantes, another fourth-year starter. Holy Family compiled a remarkable 103-5 record during Helbig's career. Helbig, in a tie for eighth place on VarVee's latest statewide assist leader board, scored 13 points in the 60-57 championship-game victory over Eaton. She was one of Holy Family's five double-digit scorers and did most of her damage from the foul line, where she hit 11 of 14 free throws. For her efforts, she was selected as Most Valuable Player, a fitting cap to her spectacular career.

### HIGHLANDS RANCH, CO

When Highlands Ranch defeated Regis Jesuit by a 67-50 margin in the 5A championship game Friday night, it marked the Falcons' seventh state title since 2000. Highlands Ranch finished with a 25-3 record and a 121-16 log over the last five campaigns. Senior Katelyn McDaniel, who ranked ninth on VarVee's most recent statewide scoring leader board, earned MVP honors by contributing 24 points and 13 rebounds to what was truly a team effort. Michaela Neuhaus, fourth on the latest three-point leader board, sank four in scoring 16 points and joined Liza Heap and McDaniel on the all-tournament team. Highlands Ranch hit 23 of 34 free throws, compared to a 13-of-17 showing by Regis Jesuit, and controlled the boards by a commanding 41-25 margin. Highlands Ranch was undefeated in-state this year as all three of its losses came to out-of-state foes on the road -- at La Jolla (Ca.) Country Day and against Riverdale Baptist (Md.) and Christ the King (N.Y.) at the Nike Tournament of Champions, all in December. Highlands Ranch finished the season by winning its last 18 games. "Playing together as a team was our motto and theory all season long," Falcons coach Caryn Jarocki told the Denver Post. "If we could get the ball to the open person all season, we'd be okay."

Welcome to Colorado's most advanced and effective training programs ever . . .

### Who is House of Speed

House of Speed, founded by 9-year NFL veteran Don Beebe, and Dr. Jeffrey Schutt, Certified Chiropractic Sports Physician and Certified Strength and Conditioning Expert gives Colorado athletes of all ages the tools to improve speed, agility and explosiveness through professionally proven training methods in nearly every sport. We use proven sport-specific drills and variations and progressions depending on the athlete or team's abilities and goals.

### What we do.

House of Speed has trained pro athletes such as: Tony Romo, QB, Dallas Cowboys / Suzette Rose, Track, Arizona State / Michael Turner, RB, Atlanta Falcons / Alec Stec, Baseball, West Point / Lauren Silva, NCAA All-American Swimmer / Lori Siebert, Softball, Mississippi State.

Currently, House of Speed is training Robert Quinn, projected 1<sup>st</sup> round NFL Draft pick and locally House of Speed Denver worked with UNC-Greeley NFL prospect Chris Morgan...

How can House of Speed help you and your team reach your full potential ? What are your goals ?  
Better speed - Endurance, quickness, agility and explosiveness.

**Better conditioning** - Build a healthy, toned and powerful core.

**Better method training** - Elite level methods that progress to professional and Olympic levels.

**Better teams** - Create a team unit that works as one and wins as one.

**Better character** - learn the values and attitude it takes to be a winner.


"House of Speed Denver helped me gain 9 inches on vertical jump and cut .9 sec off 40yd dash attending 2-3 times per week in 3.5 months"

- Garrett Ahlberg, a senior basketball player at Douglas County High School, Colorado.

### Get the Speed.

We can host team training sessions or come to team's practice location. Individuals have several options to train with House of Speed. Everyone can get better - plan your next season of performance training at the Colorado House of Speed location that best meets your needs to help you reach your full potential.

Use the special code "VarVee" to receive special individual \$50 off group training package or early registration team discount for summer camps.



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THAT MAKE A WINNER... [CLICK NOW!](#)**

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